

# KINESIOLOGY (KINS)

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**KINS 150 Intro to Adaptive Physical Activity: Diversity 5 Credits**

Explores the purpose, design, development and use of adaptive physical activities that benefit people with disabilities. Includes a culminating hands-on project to develop an adapted physical recreation device in partnership with local physical and/or occupational therapists.

**Prerequisite:** None.

**Distribution Requirements:** Diversity, Human Relations