

# PARENT EDUCATION (PEP)

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## PEP 100 General Parenting 1-3 Credits

Introduces general topics in Parenting Education including child development, environment, guidance and resources.

**Prerequisite:** None.

## PEP 101 Parenting Your Infant I 2 Credits

Introduces child development, care, guidance, and encouraging environments for children ages birth to seven months. Course is designed for students and children in their care to attend class together.

**Prerequisite:** None.

## PEP 102 Parenting Your Infant II 2 Credits

Introduces child development, care and guidance, and encouraging environment for children ages seven to thirteen months. Course is designed for students and children in their care to attend class together.

**Prerequisite:** None.

## PEP 103 Parenting Your Toddler I 2 Credits

Introduces child development, care, guidance, and encouraging environments for children ages thirteen to eighteen months. Course is designed for students and children in their care to attend class together.

**Prerequisite:** None.

## PEP 104 Parenting Your Toddler II 2 Credits

Introduces child development, care and guidance, and encouraging environment for children ages eighteen to thirty months. Course is designed for students and children in their care to attend class together.

**Prerequisite:** None.

## PEP 105 Parenting Your 3-4 Year Old 2 Credits

Introduces child development, care and guidance, and encouraging environment for children ages thirty to fifty months. Course is designed for students and children in their care to attend class together.

**Prerequisite:** None.

## PEP 106 Parenting Children In Middle Years (5-10 Years) 2 Credits

Introduces child development, guidance, communication, environments and emotion coaching for the middle years of childhood (ages 5-10).

**Prerequisite:** None.

## PEP 141 Parent-Child Communication 2 Credits

Introduces practical skills and tools for parent-child communication. Students will learn positive guidance techniques, how to interpret emotional and behavioral development, and the significance of observing family dynamics.

**Prerequisite:** None.

## PEP 142 Family Dynamics 2 Credits

Introduces family dynamic topics such as sibling relationships, time management, family communication individual temperaments, parents' boundaries and needs, parent esteem, and family stress.

**Prerequisite:** None.

## PEP 143 Parenting in Single Parent, Step, and Blended Family 2 Credits

Introduces dynamics, challenges, and skills of parenting in single parent, step, and blended families.

**Prerequisite:** None.

## PEP 145 Effective Parenting of Teens 2 Credits

Introduces child development, guidance, communication, and emotion coaching of teens.

**Prerequisite:** None.